

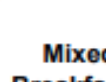


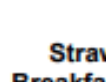


What's on the Menu?

August 2024

Segue Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday	Daily Offerings
					<p>Assorted Cereals Fresh Fruit, Chilled Fruit 100% Fruit Juice 1% Low Fat Milk Fat Free Chocolate Milk</p>
 19 Blueberry Muffin	20 Egg & Cheese on a Biscuit	 21 Mixed Berry Breakfast Yogurt Parfait with Granola	22 Bacon, Egg, & Cheese on an English Muffin	23 French Toast Sticks Breakfast Syrup	 <p>Bring on Breakfast adds excitement to the beginning of the school day by offering delicious food that fuels the day.</p>
 26 Cranberry Orange Muffin	27 Bagel with Sunbutter or Cream Cheese	 28 Strawberry Breakfast Yogurt Parfait with Granola	29 Ham, Egg, & Cheese on a Bagel	30 Pancakes Breakfast Syrup	

 Full menus available on Nutrislice!

 **chartwells**
serving up happy & healthy

This institution is an equal opportunity provider.

 Vegetarian  Locally Grown









Meal prices: \$X.XX Lunch, \$X.XX etc.

All meals served with 1% milk or fat free chocolate milk.


What's on the Menu?

August 2024

Segue Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				
				
 19 Crispy Chicken Sandwich Fries	20 Meatball Sub Roasted Zucchini	 21 Cheeseburger Sweet Potato Fries	22 Crispy Chicken Drumstick Roasted Green Beans	23 Cheese & Pepperoni Pizza  Caesar Salad
 26 Sweet & Sour Meatballs Seasoned Brown Rice Roasted Sesame Green Beans	27 Cheese Quesadilla Corn & Black Bean Salsa	28 Pasta Bar Homemade Marinara, Chicken, Roasted Broccoli, Peppers, Onions	 29 Asian Zing BBQ Pulled Pork Sandwich Pineapple Coleslaw	30 Chicken Cordon Bleu  Roasted Local Potato Wedges Roasted Zucchini


Daily Offerings




Cheese & Pepperoni Pizza
Specialty Pizza

grilled


Cheeseburgers, Chicken Patty,
Spicy Chicken Patty, Chicken
Nuggets or Tenders
Baked Fries




A Variety of Fruit, Vegetables,
or Salads
(Fresh, Local, or Canned)



Sandwiches, Wraps, Salads,
Yogurt Parfaits, and Smoothies



Veggie Burgers, Grilled Cheese

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Supper Menu - Aug. - Sept. 2024

26	27	28	29	30
Chicken Salad Sandwich Three Bean Salad Honeydew Melon Milk	Turkey, Apple, & Swiss Sub Grape Tomatoes Juice Milk	Chicken Club Sandwich Cucumbers Fruit Cocktail Milk	Buffalo Popcorn Chicken Wrap Broccoli Orange Milk	BBQ Chicken Wrap Baby Carrots Apple Milk
2	3	4	5	6
Labor Day	Turkey, Apple, & Swiss Sub Grape Tomatoes Juice Milk	Chicken Club Sandwich Cucumbers Fruit Cocktail Milk	Egg Salad Sandwich Buffalo Cauliflower Pear Milk	BBQ Chicken Wrap Baby Carrots Apple Milk
9	10	11	12	13
Chicken Salad Sandwich Three Bean Salad Honeydew Melon Milk	Turkey, Apple, & Swiss Sub Grape Tomatoes Juice Milk	Tuna Salad Sandwich Cucumbers Apple Milk	Buffalo Popcorn Chicken Wrap Broccoli Orange Milk	BBQ Chicken Wrap Baby Carrots Apple Milk
16	17	18	19	20
Chicken Salad Sandwich Three Bean Salad Honeydew Melon Milk	Turkey, Apple, & Swiss Sub Grape Tomatoes Juice Milk	Tuna Salad Sandwich Cucumbers Apple Milk	Buffalo Popcorn Chicken Wrap Broccoli Orange Milk	Buffalo Chicken Wrap Baby Carrots Apple Milk
23	24	25	26	27
Chicken Salad Sandwich Three Bean Salad Honeydew Melon Milk	Turkey, Apple, & Swiss Sub Grape Tomatoes Juice Milk	Tuna Salad Sandwich Cucumbers Apple Milk	Buffalo Popcorn Chicken Wrap Broccoli Orange Milk	BBQ Chicken Wrap Baby Carrots Apple Milk

Any questions, please contact the Director of Dining Services, or at @copass-usa.com



All items are made with whole grains.
 All meals are served with a variety of fruits and vegetables, local when available.
 All meals are served with milk (1% low fat white or fat free chocolate).
 Menu is subject to change.
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