













What's on the Menu?

May 2024

Segue Lunch

Monday	Tuesday	Wednesday	Thursday	Friday	Daily Offerings
 <p>SUMMER FUN!</p>		<p>1</p> <p>Buffalo Chicken Dip Tortilla Chips Celery & Carrot Sticks</p>	 <p>2</p> <p>Sweet & Sour Chicken Vegetable Fried Rice Garlic Soy Green Beans</p>	<p>3</p> <p>School Lunch Hero Day</p> <p>Cubano Pork Sandwich Elotes Corn</p> 	<p>2</p> <p>tomato</p> <p>Cheese & Pepperoni Pizza Specialty Pizza</p> <p>grilled</p> <p>Cheeseburgers, Chicken Patty, Spicy Chicken Patty, Chicken Nuggets or Tenders Baked Fries</p> <p>extra extra</p> <p>A Variety of Fruit, Vegetables, or Salads (Fresh, Local, or Canned)</p> <p>ON THE GO</p> <p>Sandwiches, Wraps, Salads, Yogurt Parfaits, and Smoothies</p> <p>Veg Out</p> <p>Veggie Burgers, Grilled Cheese, Roasted Veggie Wrap</p>
<p>6</p> <p>Cheese Quesadilla Mexicali Beans</p>	 <p>7</p> <p>Chicken Tacos Fresh Pico de Gallo Local Gotham Greens Lettuce, Shredded Cheddar, Guac, Sour Cream</p>	<p>8</p> <p>Greek Beef & Tzatziki Sandwich Fresh Roasted Carrot Fries</p>	<p>9</p> <p>Local Pork Enchilada Roasted Local Broccoli</p>	<p>10</p> <p>No School PD Day</p>	
<p>13</p> <p>Breakfast 4 Lunch French Toast Chicken Sausage Patty Hash Brown</p>	<p>14</p> <p>Sweet & Sour Meatballs Vegetable Lo Mein</p>	<p>15</p> <p>Beef Brisket Mashed Potatoes Corn on the Cob</p>	<p>16</p> <p>BBQ Day</p> <p>BBQ Chicken Homestyle Potato Salad Dinner Roll</p>	<p>17</p> <p>Chili Turkey Dog Local Kale & Jicama</p> 	
<p>20</p> <p>Triple Grilled Cheese Sandwich Roasted Local Carrots</p>	<p>21</p> <p>Beef Nachos Local Gotham Greens Lettuce, Pico de Gallo, Shredded Cheddar, Guacamole Sour Cream</p> 	<p>22</p> <p>General Tso Chicken Seasoned Brown Rice Roasted Broccoli</p>	 <p>23</p> <p>Chicken Gyro Flatbread Buttermilk Cole Slaw</p>	<p>24</p> <p>Mac & Cheese Bar Buffalo Chicken, Sauteed Peppers & Onions Roasted Zucchini Dinner Roll</p>	
	<p>28</p> <p>Hamburger Day Burger Bar Assorted Cheese Gotham Greens Lettuce, Tomatoes, Onions, Pickles, Sauteed Mushrooms Baked French Fries</p> 	<p>29</p> <p>Buffalo Chicken Calzone Roasted Cauliflower</p>	 <p>30</p> <p>Hot Roasted Italian-style Vegetable Wrap Roasted Local Potatoes</p>	<p>31</p> <p>Breakfast Burrito Egg, Sausage, Shredded Cheddar on a Tortilla Wrap Pico de Gallo Hash Brown Patty</p> 	

 Full menus available on Nutrislice!

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This institution is an equal opportunity provider.

All meals served with 1% milk or fat free chocolate milk.

 Vegetarian  Locally Grown


Meal prices: \$X.XX Lunch, \$X.XX etc.


What's on the Menu?

May 2024

Segue Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Bacon, Egg, & Cheese on an English Muffin	2 Strawberry Breakfast Yogurt Parfait with Granola	3 Egg, & Cheese on a Bagel
6 Bacon, Egg, & Cheese on a Bagel	7 Waffles Breakfast Syrup	8 Sausage, Egg, & Cheese on a Biscuit	9 Blueberry Smoothie Graham Crackers	10 No School PD Day
13 Egg, & Cheese on an English Muffin	14 Pancakes Breakfast Syrup	15 Breakfast Pizza Eggs, Sausage, Onion, Green Peppers	16 Very Berry Breakfast Yogurt Parfait with Granola	17 Egg & Cheese Wrap
20 Ham & Egg on a Bagel	21 French Toast Breakfast Syrup	22 Egg & Cheese on an English muffin	23 Strawberry Smoothie Graham Crackers	24 Scrambled Eggs Blueberry Muffin
27 	28 Waffles Breakfast Syrup	29 Breakfast Burrito Ham, Egg & Cheese	30 Strawberry Breakfast Yogurt Parfait with Granola	31 Scrambled Eggs Biscuit

Daily Offerings
 <ul style="list-style-type: none"> Assorted Cereals Assorted Shirk Muffins Assorted Bagels Fresh Fruit 100% Fruit Juice 1% Low Fat Milk Fat Free Chocolate Milk



Bring on **BREAKFAST**
(Bring on the day!)

Bring on Breakfast adds excitement to the beginning of the school day by offering delicious food that fuels the day.

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Supper Menu - May 2024

		1	2	3
		Chicken Club Sandwich Cucumbers Fruit Cocktail Milk	Buffalo Popcorn Chicken Wrap Broccoli Orange Milk	BBQ Chicken Wrap Baby Carrots Apple Milk
6	7	8	9	10
Chicken Caesar Wrap Celery Sticks Grapes Milk	Turkey, Apple, & Swiss Sub Grape Tomatoes Juice Milk	Chicken Club Sandwich Cucumbers Fruit Cocktail Milk	Egg Salad Sandwich Buffalo Cauliflower Pear Milk	No School PD Day
13	14	15	16	17
Chicken Salad Sandwich Three Bean Salad Honeydew Melon Milk	Turkey, Apple, & Swiss Sub Grape Tomatoes Juice Milk	Tuna Salad Sandwich Cucumbers Apple Milk	Buffalo Popcorn Chicken Wrap Broccoli Orange Milk	BBQ Chicken Wrap Baby Carrots Apple Milk
20	21	22	23	24
Chicken Salad Sandwich Three Bean Salad Honeydew Melon Milk	Turkey, Apple, & Swiss Sub Grape Tomatoes Juice Milk	Tuna Salad Sandwich Cucumbers Apple Milk	Buffalo Popcorn Chicken Wrap Broccoli Orange Milk	Buffalo Chicken Wrap Baby Carrots Apple Milk
27	28	29	30	31
No School Memorial Day	Turkey, Apple, & Swiss Sub Grape Tomatoes Juice Milk	Tuna Salad Sandwich Cucumbers Apple Milk	Buffalo Popcorn Chicken Wrap Broccoli Orange Milk	BBQ Chicken Wrap Baby Carrots Apple Milk

Any questions, please contact the Director of Dining Services, or at @copass-usa.com



All items are made with whole grains.

All meals are served with a variety of fruits and vegetables, local when available.

All meals are served with milk (1% low fat white or fat free chocolate).

Menu is subject to change.

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