

# What's on the Menu?

## Segue Institute for Learning Dinner Menu Sept - Oct: Classroom Delivery

Monday	Tuesday	Wednesday	Thursday	Friday
21	22 <b>Cheeseburger</b> Assorted Fruit & Veg Milk	23 <b>Grilled Chicken Sandwich</b> Assorted Fruit & Veg Milk	24 <b>Chicken Parmesan Sandwich</b> Assorted Fruit & Veg Milk	25 <b>Ham &amp; Cheese Sandwich</b> Assorted Fruit & Veg Milk
28 	29 <b>Chicken Cordon Blue Sandwich</b> Assorted Fruit & Veg Milk	30 <b>Meatball Sub</b> Assorted Fruit & Veg Milk	1 <b>Chicken Tenders</b> Assorted Fruit & Veg Milk	2 <b>Turkey &amp; Cheese Sub</b> Assorted Fruit & Veg Milk
5	6 <b>BBQ Chicken Sandwich</b> Assorted Fruit & Veg Milk	7 <b>Beef Hot Dog</b> Assorted Fruit & Veg Milk	8 <b>Bacon Cheeseburger</b> Assorted Fruit & Veg Milk	9 <b>Ham &amp; Swiss on a Pretzel Roll</b> Assorted Fruit & Veg Milk
12	13 <b>Ham &amp; Cheese Bagel Melt</b> Assorted Fruit & Veg Milk	14 <b>BBQ Rib Sandwich</b> Assorted Fruit & Veg Milk	15 <b>Chicken Bacon Cheddar Melt</b> Assorted Fruit & Veg Milk	16 <b>Italian Hoagie</b> Assorted Fruit & Veg Milk



Vegetarian



Locally Grown

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.

This institution is an equal opportunity provider.