


What's on the Menu?

Segue Institute for Learning Breakfast Sept. 21st - Oct. 16th : Classroom Delivery

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>22</p> <p>Cinnamon Toast Crunch Cereal Low Fat String Cheese Chilled Diced Peaches</p>	<p>23</p> <p>Apple Muffin Yogurt 100% Fruit Juices</p>	<p>24</p> <p>Bagel with Cream Cheese Chilled Diced Pears</p>	<p>25</p> <p>Benefit Bar 100% Fruit Juices</p>
	<p>29</p> <p>Cheerios Breakfast Bar Yogurt Chilled Pineapple Tidbits</p>	<p>30</p> <p>Bagel with Cream Cheese 100% Fruit Juices</p>	<p>1</p> <p>Trix Cereal Low Fat String Cheese Chilled Pineapple Tidbits</p>	<p>2</p> <p>Cinnamon Toast Crunch Breakfast Bar Low Fat String Cheese 100% Fruit Juices</p>
	<p>6</p> <p>Bagel with Cream Cheese Assorted Craisins</p>	<p>7</p> <p>Trix Cereal Bar Yogurt 100% Fruit Juices</p>	<p>8</p> <p>Cinnamon Chex Cereal Low Fat String Cheese Assorted Craisins</p>	<p>9</p> <p>Blueberry Muffin Low Fat String Cheese 100% Fruit Juices</p>
	<p>13</p> <p>Frosted Flakes Cereal Low Fat String Cheese Chilled Pineapple Tidbits</p>	<p>14</p> <p>Cocoa Puffs Cereal Bar Yogurt 100% Fruit Juices</p>	<p>15</p> <p>Apple Muffin Low Fat String Cheese Applesauce Cups</p>	<p>16</p> <p>Cheerios Low Fat String Cheese 100% Fruit Juices</p>



Vegetarian



Locally Grown

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.

This institution is an equal opportunity provider.